



Southern

Dual Diagnosis

2019 Calendar

**January
to June**

**Monthly
Dual Diagnosis
Network
Meetings**

**Youth
2nd Wednesday
Feb - Nov
2.00 - 3.30pm**

**Adult
4th Wednesday
Jan - Nov
9:30 -11.00am**

Half Day Workshops AM – 8:45 - 12:30 PM – 12:45 - 4:30 Cost \$30 Date/Venue

<u>Mental State Examination</u>	AM 14 March	A
A standardised and structured approach to describe a person's current state of mind		
<u>Interactions Between Psych Meds & Substances</u>	PM 14 March	A
Your client's on medication and using substances, should you be concerned?		
<u>Opioid Replacement Medication</u>	AM 4 April	A
Opioids are re-emerging as a substance of choice. Let's look at some of the treatment options		
<u>Introduction to Psych Medications</u>	PM 4 April	A
A breakdown on the types of medications commonly prescribed in mental health		
<u>Adolescent Development and the Impact of Substances</u>	AM 16 May	A
Get inside the teenage brain and look at the impact of drugs and alcohol		

One Day Workshops 8:45 - 4:30 Cost \$50 Date/Venue

<u>Introduction to Dual Diagnosis</u>	26 February	A
Gain an understanding of the current framework and practice for working with people with a dual diagnosis		
<u>Fundamentals of Supervision</u>	20 March	A
Develop an understanding of the theory and practice of being a clinical supervisor		
<u>Alcohol and Drug Withdrawal</u>	10 April	B
An overview of the core principles of withdrawal and the best current practice guidelines		
<u>Trauma Informed Practice</u>	9 May	A
Gain an understanding of Trauma Informed Care and how this can be incorporated into everyday practice		

Two Day Workshops 8:45 - 4:30 Cost \$100 Date/Venue

<u>Introduction to Motivational Interviewing</u>	7 & 14 February	A	9 & 16 May	C
A therapeutic approach to enhance a person's motivation to change				
<u>Advanced Dual Diagnosis</u>	20 & 27 June	A		
Come and hear about the best current practice approaches from the dual diagnosis Doctors and Clinicians				

Venues

A	B	C
Southern Dual Diagnosis Level 1 Suite 1A 314 – 326 Thomas St Dandenong	Kingston Centre Education Rooms 400 Warrigal Road Cheltenham	St Kilda Road Clinic Level 2 607 St Kilda Road St Kilda

Southern Dual Diagnosis is a multidisciplinary team of health professionals who provide capacity building support to Public Mental Health, Alcohol and Other Drug Services and Mental Health Community Support Services within the Southern Metropolitan Region of Melbourne

Email for details
sdds@monashhealth.org
Or call
03 9556 5255

Continuing Professional Development points available for most health professionals

Additional fee for service training available by request

Scholarships available in exceptional circumstances