

All great ideas start with a coffee!

Do you work in Upper Hume-Border Mental Health or AOD services?



to
JOIN US
(in March) in a:



What it about?

AOD and mental health workers face challenges in providing effective services to people with dual diagnosis and other complex needs. Often the most effective responses occur when AOD & MH workers work together to deliver integrated treatment. While working collaboratively sounds good it can be challenging to find good opportunities to build strong relationships with people in the 'other' sector.

Randomised Coffee Trials (RCTs) are a powerful new idea from the UK to break down silos and connect people across systems. [More info on RCT's](#)

How does it work ?

Hume-Border's (probably Australia's!) first RCT will be run in March 2017. Interested workers from across MH and AOD services are encouraged to put their name in with the organisers. On Fri March 3rd you will be given the name & contacts of your coffee date in the 'other' sector – it's up to you to contact each other to make a time for a catch-up. Vouchers to cover costs (\$10 limit) are available for [Café PreVue](#) (Wangaratta) [The Grove](#) (Wodonga) and [Casa Deli](#) (Albury). In your coffee date talk about what you like – doesn't have to be work! When you have had your coffee date email the organisers & tell us one thing new you learned on your coffee date. That's it 😊

Where do I join?

NEBMHS employees

RSVP & enquiries to:
Gary Croton

Gary.croton@awh.org.au

0458 292 744

Gateway employees

RSVP & enquiries to:
Vijay Kuttappan

vijay.kuttappan@gatewayhealth.org.au

0439 034 077

RSVP by March 1

Coffee dates completed by March 31

