



Southern

Dual Diagnosis

To Register for training email: sdds@monashhealth.org

2018

Calendar

Southern Dual Diagnosis is a multidisciplinary team of health professionals who provide capacity building support to Public Mental Health, AOD and MHCS within the Southern Metropolitan Region of Melbourne

Half Day Workshops AM - 9:00 - 12:30 PM - 1:00 - 4:30 Cost \$30 Date/Venue

Mental State Examination AM 18 April A

Explore an established standardised method for documenting presentations with an opportunity to practice assessment skills

New & Emerging Drug Trends PM 18 April A

These substances have created challenges with some being particularly toxic. This workshop will provide information to assist in the assessment and treatment of people using these drugs both intentionally and unintentionally

Interactions Between Psych Meds & Substances AM 19 April / 18 Oct A

There are challenges working with consumers who are taking both prescribed medications and other substances. Explore a range of information to assist providing information to consumers

Opioid Replacement Medication AM 21 June A

The policy and practicalities of pharmacotherapy treatments specifically aimed at reducing the harm from opioids. The session explores Methadone and Suboxone and what is the best approach for consumers.

Introduction to Psych Medications PM 21 June A

Overview of medications prescribed in Mental Health. This session is aimed at staff who are new or returning to the sector

One Day Workshops 9:00 - 4:30 Cost \$50 Date/Venue

Fundamentals of Supervision Training 21 March A

Develop an understanding of the theory and practice of being a clinical supervisor

Substance Use and the Older Adult 5 Sept A

Gain an understanding of the impact of substances on the older population and some practical interventions to reduce harms

Advanced Supervision Training 6 Sept A

Develop your existing skills and practice a range of strategies to improve your skills as a clinical supervisor

Alcohol & Other Drug Withdrawal 11 Oct B

Obtain an overview of the core principles of withdrawal and gain an understanding of the current best practice guidelines

Trauma Informed Practice 31 Oct A

Gain an understanding of Trauma Informed care and how this can be utilised within your everyday practice

Two Day Workshops 9:00 - 4:30 Cost \$100 Date/Venue

Introduction to Motivational Interviewing 10 & 17 May C 7 & 14 Aug A 13 & 20 Nov B

Motivational Interviewing is a therapeutic approach to enhance a person's motivation to change by working with how people change

Mental Health First Aid (4th Edition) 10 - 11 April B 3 - 4 July A 2 - 3 Oct A

How to provide initial support to adults who are developing a mental illness or experiencing a mental health crisis. The course curriculum is based on the [MHFA Guidelines](#) 4th Edition. Most professionals can claim attendance at a MHFA course for Continuing Professional Development (CPD) with their industry body

Advanced Dual Diagnosis * \$50 16 & 23 Aug A

Come and hear about the best current practice approaches from the Dual Diagnosis Doctors and Clinicians

Venues

A

B

C

Southern Dual Diagnosis
Suite 1A
314-326 Thomas Street
Dandenong

Kingston Centre
Education Room A
400 Warrigal Rd
Cheltenham

St Kilda Road Clinic
Level 2
607 St Kilda Road
St Kilda

Monthly
Dual Diagnosis
Network
Meetings

Youth
Every 2nd Wed
Feb - Nov
2.00 - 3.30pm

Adult
Every 4th Wed
Jan - Nov
9:30 - 11.00am

Email for details
sdds@monashhealth.org

Continuing Professional Development points available for most health professionals

Additional fee for service training is available by request

Scholarships available in exceptional circumstances