

ICD 10 Eleventh Edition Ready Reckoner

Mental and behavioural disorders due to psychoactive substance use

Mental health workers tool:

To assist in routinely recording co-occurring Substance Use diagnoses

to inform *Integrated Treatment Planning for both issues*

Lets Go!

Click this button to jump to the reckoner



Click blue text for detailed criteria

Click to exit

Exit Reckoner



[Acute intoxication](#)

[Harmful use](#)



Principal Subdivisions:

Mental & behavioural disorders due to use of..		<u>Acute intoxication</u>	<u>Harmful use</u>	<u>Dependence syndrome</u>	<u>Withdrawal state</u>	<u>Withdrawal state with delirium</u>	<u>Psychotic disorder</u>
		.0	.1	.2	.3	.4	.5
ALCOHOL	F10	F10.0	F10.1	F10.2	F10.3	F10.4	F10.5
OPIOIDS	F11	F11.0	F11.1	F11.2	F11.3	F11.4	F11.5
CANNABINOIDS	F12	F12.0	F12.1	F12.2	F12.3	F12.4	F12.5
SEDATIVES or HYPNOTICS	F13	F13.0	F13.1	F13.2	F13.3	F13.4	F13.5
COCAINE	F14	F14.0	F14.1	F14.2	F14.3	F14.4	F14.5
Other STIMULANTS including caffeine	F15	F15.0	F15.1	F15.2	F15.3	F15.4	F15.5
HALLUCINOGENS	F16	F16.0	F16.1	F16.2	F16.3	F16.4	F16.5
TOBACCO	F17	F17.0	F17.1	F17.2	F17.3	F17.4	F17.5
Volatile SOLVENTS	F18	F18.0	F18.1	F18.2	F18.3	F18.4	F18.5
<u>MULTIPLE drug & OTHER substances</u>	F19	F19.0	F19.1	F19.2	F19.3	F19.4	F19.5

The third character of the code identifies the substance involved, and the fourth character specifies the clinical state.
Links to criteria for subdivisions: [.6 Amnesic Syndrome](#), [.7 Residual and late-onset psychotic disorder](#), [.8 Other mental and behavioural disorders](#) & [.9 Unspecified mental and behavioural disorder](#)



.0 Acute intoxication criteria

A condition that follows the administration of a psychoactive substance resulting in ...

Criteria

Check

Disturbances in level of consciousness, cognition, perception, affect or behaviour, or other psycho-physiological functions and responses

The disturbances are **directly related to the acute pharmacological effects of the substance & resolve with time**, with complete recovery, except where tissue damage or other complications have arisen.

Complications may include trauma, inhalation of vomitus, delirium, coma, convulsions, & other medical complications

The nature of these complications depends on the **pharmacological class of substance & mode of administration**



.1 Harmful use criteria

Criteria

Check

A pattern of psychoactive substance use that is **causing damage to health**.

The damage may be **physical** (e.g. hepatitis from injecting) *or*

mental (e.g. episodes of depressive disorder secondary to heavy consumption of alcohol).



.2 Dependence syndrome criteria

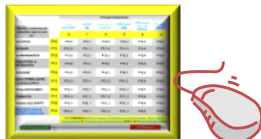
A cluster of behavioural, cognitive & physiological phenomena that develop after repeated substance use and that typically include...

<i>Criteria</i>	<i>Check</i>
a strong desire to take the drug,	
difficulties in controlling its use	
persisting in its use despite harmful consequences	
a higher priority given to drug use than to other activities and obligations	
increased tolerance	
sometimes a physical withdrawal state.	



. 3 Withdrawal state criteria

Criteria	Check
<p>A group of symptoms of variable clustering and severity occurring on absolute or relative withdrawal of a psychoactive substance after persistent use of that substance.</p>	
<p>The onset and course of the withdrawal state are time-limited and</p>	
<p>are related to the type of psychoactive substance and dose being used immediately before cessation or reduction of use.</p>	
<p>The withdrawal state may be complicated by convulsions</p>	



.4 Withdrawal state with delirium criteria

Criteria

A condition where the withdrawal state as defined in the common fourth character .3 is complicated **by delirium** as defined in F05.

Convulsions may also occur.

When organic factors are also considered to play a role in the etiology, the condition should be classified to F05.8.

Check



.5 Psychotic disorder criteria

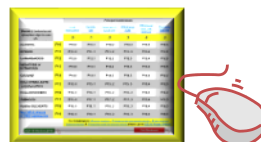
Criteria

Check

A **cluster of psychotic phenomena** that occur during or following psychoactive substance use but that are **not explained on the basis of acute intoxication alone** and **do not form part of a withdrawal state**.

The disorder is characterized by **hallucinations** (typically **auditory**, but **often in more than one sensory modality**), **perceptual distortions**, **delusions** (often of a paranoid or persecutory nature), **psychomotor disturbances** (excitement or stupor), and an **abnormal affect**, which may range from intense fear to ecstasy.

The **sensorium is usually clear** but some degree of clouding of consciousness, though not severe confusion, may be present.



.6 Amnesic syndrome criteria

Criteria	Check
<p>A syndrome associated with chronic prominent impairment of recent and remote memory.</p>	
<p>Immediate recall is usually preserved and recent memory is characteristically more disturbed than remote memory.</p>	
<p>Disturbances of time sense and ordering of events are usually evident, as are difficulties in learning new material.</p>	
<p>Confabulation may be marked but is not invariably present.</p>	
<p>Other cognitive functions are usually relatively well preserved and amnesic defects are out of proportion to other disturbances.</p>	



.7 Residual & late-onset psychotic disorder criteria

Criteria

Check

A disorder in which alcohol- or psychoactive substance-induced **changes of cognition, affect, personality, or behaviour persist beyond the period** during which a **direct psychoactive substance-related effect might reasonably be assumed to be operating**.

Onset of the disorder should be directly related to the use of the psychoactive substance. Cases in which initial onset of the state occurs later than episode(s) of such substance use should be coded here only where clear and strong evidence is available to attribute the state to the residual effect of the psychoactive substance.

Flashbacks may be distinguished from psychotic state partly by their **episodic nature**, frequently of **very short duration**, and by their **duplication of previous alcohol- or other psychoactive substance-related experiences**.



.8 Other mental and behavioural disorders



.9 Unspecified mental and behavioural disorder



F19. Mental & behavioural disorders due to multiple drug use & use of other psychoactive substances

- This category should be used when **2 or more psychoactive substances are known to be involved**, but it is **impossible to assess which substance is contributing most** to the disorders.
- It should also be used when the exact **identity of some or even all the psychoactive substances being used is uncertain or unknown**, (since many multiple drug users themselves often do not know the details of what they are taking).

